1. CALL TO ORDER

2. PLEDGE OF ALLEGIANCE

3. ORAL COMMUNICATIONS
   3.1 PUBLIC COMMENTS
   At this time, the public is permitted to address the Dublin Senior Center Advisory Committee on non-agendized items. The Committee must, however, comply with all State Laws in regard to items not appearing on the posted agenda. The Committee may respond to statements made or questions asked, or may request Staff to report back at a future meeting concerning the matter. Any member of the public may contact the Office of the Dublin Senior Center Director related to the proper procedure to place an item on a future Dublin Senior Center Advisory Committee agenda. The exceptions under which the Dublin Senior Center Advisory Committee MAY discuss and/or take action on items not appearing on the agenda are contained in GC 54954.2(b)(1)(2)(3).

4. MINUTES OF THE REGULAR MEETING – April 5, 2012
   STAFF RECOMMENDATION: Approve Minutes

5. WRITTEN COMMUNICATIONS - None

6. UNFINISHED BUSINESS
   6.1 SENIOR CENTER ADVISORY COMMITTEE STRATEGIC GOALS AND OBJECTIVES
   The Subcommittees will give their recommendations on how they would like to help Staff accomplish the 2012 Strategic Goals and Objectives.
   RECOMMENDATION: Receive the report and determine which strategic objective(s) to focus on for the remainder of 2012.

7. NEW BUSINESS
   7.1 2ND ANNUAL ALL-AMERICA CAR SHOW
   Staff will provide an overview of 2nd Annual “All-America” Car Show, and will request feedback from the Senior Center Advisory Committee.
   RECOMMENDATION: Receive report and provide input on the event.

   7.2 SPECTRUM COMMUNITY SERVICES LUNCH PROGRAM AND SURVEY
   Staff will give a background of the Spectrum Community Services Lunch Program and share the results of SCS 2012 Dining Site Meals Program Satisfaction Survey.
   RECOMMENDATION: Receive report and provide input.

8. OTHER BUSINESS
   BRIEF INFORMATIONAL ONLY REPORTS FROM THE DUBLIN SENIOR FOUNDATION, PARKS AND COMMUNITY SERVICES COMMISSION LIAISON, ADVISORY COMMITTEE MEMBERS AND SUBCOMMITTEES, AND/OR STAFF AND REPORTS BY COMMITTEE MEMBERS RELATED TO MEETINGS ATTENDED AT CITY EXPENSE (AB1234).

9. ADJOURNMENT

This AGENDA is posted in accordance with Government Code Section 54954.2(a)
Call to Order
Chairperson Mack called the meeting to order at 9:30AM.

Roll Call:
Committee Members (CM) Present: Diane Bonetti, Faye Guarienti, Eddie Jo Mack, Lee Sandeman, Diana Threlkeld
Parks and Community Services Commission Liaison Present: Connie Mack
Staff Present: Micki Cronin, Assistant Director of Parks and Community Services; Anna Hudson, Recreation Coordinator; Diane Guenther, Office Assistant

Oral Communications – None

Public Comments - None

Approval of the Minutes
THE MINUTES WERE AMENDED AS FOLLOWS; SECOND ANNUAL CAR SHOW, “Staff updated the Senior Center Advisory Committee on the planning of the Second Annual Car Show to be held on Saturday, April 21, 2012 at the Heritage Park and Museums.” “CM Bonetti asked if motorcycles will be participating again this year.” CM BONETTI MADE A MOTION TO APPROVE THE MARCH 1, 2012 MINUTES AS AMENDED. THE MOTION WAS SECONDED BY CM GUARIENTI. THE SENIOR ADVISORY COMMITTEE UNANIMOUSLY APPROVED THE MINUTE OF THE MARCH MEETING AS AMENDED BY A VOTE OF 5-0-0.

Written Communication – None

Unfinished Business
SENIOR CENTER ADVISORY COMMITTEE STRATEGIC GOALS AND OBJECTIVES
Staff gave a brief review of the agenda statement and the attachment. Staff asked that the Senior Center Advisory Committee to form subcommittees for each of the three goals and objectives; set a date to meet with Staff to review and be prepared to report back to the Senior Center Advisory Committee at the May meeting.

Subcommittees were formed as follows:
CM Mack and Commissioner Mack
Strategic Goal #1 – Reach out to senior groups and social networks in the community

CMs Guarienti and Bonetti
Strategic Goal #2 – Assist Staff with planning and implementing new special events to attract new customers to the Senior Center

CMs Sandeman and Threlkeld
Strategic Goal #3 - Educate residents about Dublin and resources available for older adults

Each of the Subcommittees set dates in April to meet with Staff and will report back at the May meeting.
New Business

2012 WINTER QUARTERLY REPORT
Hudson provided the Senior Center Advisory Committee with a brief overview of the report.

CM Guarenti asked if the percentages of changes in attendance were needed or necessary in the Attendance Grid. Cronin indicated that the percentages can be removed going forward.

The Senior Center Advisory Committee engaged in a discussion about how the Senior Center can attract more patrons to the daily lunch program. There was discussion about the quality and taste of the food; the registration process and the cost per meal. CM Mack and Commissioner Mack would like to investigate other lunch program models and report back to the Senior Center Advisory Committee Members to share what they have learned.

Other Business

CM Bonetti reported on the Foundation meeting. The Car Show is all in place. At the Foundation meeting there was discussion about the purpose of the Car Show and discussion about sponsoring an opportunity drawing and what organization will receive the from the drawing. Cronin offered any support that CM Bonetti might need with the Foundation. CM Bonetti invited everyone one to come out to show their support of the event.

The planning and registration for the November 17, 2012 boutique has started. Fourteen vendors have already signed up.

CM Sandeman suggested coordinating an art project/show with the youth. Hudson noted there will be an intergenerational activity at the Senior Center in June; World Art Day.

CM Mack asked about the opportunity drawing as the last special luncheon. Staff stated that it is run by the Foundation and gift cards from local grocery stores are the prize.

Commissioner Mack reported on the Parks and Community Services Commission meeting. The Commission discussed the building plan for Emerald Glen Park, which is being reviewed by an architect who will be developing new phasing alternatives and updated cost estimates. The Commission also discussed the branding and promotion of the new art, food and wine event coming up on September 22, 2012.

Hudson had the Advisory Committee engage in a brief activity around Parks and the importance of parks in the lives of individuals.

Respectfully submitted,

Diane Guenther
Office Assistant

APPROVED:

__________________________________
Eddie Jo Mack
Chairperson
AGENDA STATEMENT
SENIOR CENTER ADVISORY COMMITTEE
MEETING DATE: May 3, 2012

SUBJECT: SENIOR CENTER ADVISORY COMMITTEE STRATEGIC GOALS AND OBJECTIVES
Report Prepared by Anna Hudson, Recreation Coordinator

ATTACHMENTS: None

RECOMMENDATION: Receive the report and determine which strategic objectives to focus on for the remainder of the current term.

FINANCIAL STATEMENT: None

DESCRIPTION: At the April meeting, each of the Senior Center Advisory Subcommittees agreed to meet in mid-April with Staff to determine which activities or goals they would like to pursue. Each Subcommittee will make report and recommendation on how they would like to help Staff accomplish the 2012 Strategic Goals and Objectives at the May meeting.

The following three Strategic Goals and Objectives were adopted by the Senior Center Advisory Committee as the top three goals to undertake for the 2012 term year.

Strategic Goal #1 – Reach out to senior groups and social networks in the community

Strategic Goal #2 – Assist Staff with planning and implementing new special events to attract new customers to the Senior Center

Strategic Goal #3 – Educate residents about Dublin and resources available for older adults

RECOMMENDATION: Staff recommends the Committee receive the report and determine which strategic objective to focus on for the remainder of 2012.
AGENDA STATEMENT
SENIOR CENTER ADVISORY COMMITTEE
MEETING DATE: May 3, 2012

SUBJECT: 2ND Annual All-America Car Show
Report Prepared by Anna Hudson, Recreation Coordinator

ATTACHMENTS: None

RECOMMENDATION: Receive the report and provide input on the event

FINANCIAL STATEMENT: None

DESCRIPTION: Under the direction of the Parks and Community Services, the Senior Center Advisory Committee and the Youth Advisory Committee in conjunction with the Dublin Senior Foundation held a joint meeting to plan the 2012 Car Show. It was determined that the Car Show would be renamed the All-America Car Show to commemorate the City of Dublin being nationally recognized as an All-America Award in 2011. The event would also become a vehicle to raise funds for the Youth Fee Assistance Program. At the January 2012, it was agreed to split half the profits with the Dublin Senior Foundation.

Event Evaluation
The All-America Car Show was held on Saturday, April 21 from 11:00 a.m. to 3:00 p.m. at Heritage Park with 68 cars pre-registered. The entry fee of each car was $20 per car. An additional 32 cars were accepted on the day of event for a total of 100 cars registered. Other features of the event included using four food trucks to provide food, and using DJ music to help to set the atmosphere for the event with perfect weather in a beautiful park setting. Additionally, the Heritage Museum was open to the public from 12:00 to 3:00 p.m.

It is estimated approximately 300 spectators attended this event. Approximately 136 people participated in the People’s Choice Award. Of the 136 vote received, 86 people submitted their comments of the event, 50 people indicated that they had never been to the Heritage Park. The evaluations received from the spectators gave high praises for the event. Heritage Park staff estimated that 70 people toured the Kolb house and 140 visited the Murray School House.

The Youth Advisory, the Senior Advisory, and the Senior Foundation supported the event by selling water, and tallying the votes for the People’s Choice Award.
Staff met with Committee Members to evaluate the event, and provide any input or suggestions on how to improve the car show event next year. Discussion will include what worked well at this event, and what should be considered in the future.

**RECOMMENDATION:** Staff recommends that the Advisory Committee receive the report and provide input on the event.
AGENDA STATEMENT
SENIOR CENTER ADVISORY COMMITTEE
MEETING DATE: May 3, 2012

SUBJECT: Spectrum Community Services Lunch Program
Report by Anna Hudson, Recreation Coordinator

ATTACHMENTS:
I: May 2012 Menu
II. 2012 Dining Site Meals Satisfaction Survey

RECOMMENDATION: Receive the report and provide input.

FINANCIAL STATEMENT: None

DESCRIPTION:
Spectrum Community Services (SCS) is contracted by the Area Agency on Aging to provide federally funded meals for seniors at nearly 30 Alameda County locations. The meal plan offers:

- A wide variety of menu items: See Attachment I for the May 2012 menu
- A hearty chef’s salad (with meat or vegetarian) alternative each day; hamburgers or veggie burgers are also available as alternatives on certain days
- 1/3 of senior's daily nutritional requirements
- No extra salt added
- Homemade soups
- Sugar-free dessert substitutes

For those 60 and older Spectrum charges $3.25 per meal, and $4.75 for those under 60. One of the benefits of working with Spectrum is that the fee charged for a meal is a voluntary donation and no one is turned away because of the inability to pay. This will expand access to nutritious meals for seniors in Dublin. The meal orders must be received by 1:00 p.m. the day prior by calling or stopping by the Senior Center.

Spectrum Community Services (SCS) will prepare the meals offsite and deliver them to the Senior Center, but the City operates the dining site. SCS provides the training and the standards on how to handle food, and run the lunch program. They provide training on how to coordinate the food orders, setup and takedown of the dining room, accept payments from customers, serve the food, wash dishes and maintain the program records. Currently, City Staff includes a Lunch Coordinator and a dishwasher. Depending on the attendance, an additional 3-5 volunteer kitchen assistants help to serve the food.

Customers are required to register for the program with SCS on an annual basis. There are currently over 332 people enrolled.

In April 2012, SCS conducted their annual Dining Site Meals Satisfaction Survey which overall received good evaluations. See Attachment II.

RECOMMENDATION: Staff recommends that the Senior Center Advisory Committee receive the report and provide input.
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<td>May 1</td>
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<td>Taking food home with you</td>
<td>Spinning Salad w/ Almonds, Mandarin Oranges &amp; Sesame Dressing</td>
<td>BBQ Chicken Quarter&lt;&gt;&lt;</td>
<td>Hearty Vegetable Soup Noodle and Beef Casserole</td>
<td>Garden Salad with Carrots, Cucumber &amp; Vinaigrette*&lt;&gt;&lt; Chicken Enchilada with Homemade Cheese Sauce</td>
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<td>Asian Noodle Soup with Vegetables</td>
<td>Vegetarian Lasagna Served with Marinara Sauce&lt;&gt;&lt; CA Vegetable Blend*&lt;&gt;&lt; Corn Salad w/ Pimientos Applesauce</td>
<td>Spinach Salad w/ Beets and Ranch Dressing*&lt;&gt;&lt; Hamburger on a Whole Wheat Bun w/ Lettuce Tomato &amp; Condiments Cole Slaw+&lt;&gt;&lt; Sunshine Salad+</td>
<td>Mother’s Day Luncheon $7 Res/Sr; $8 NR/&lt;60</td>
<td>Lentil &amp; Carrot Soup W/ Wheat Crackers Stuffed Cabbage Roll with Creole Sauce++&lt;&gt;&lt; Mashed Potatoes Tapioca Pudding with Peaches</td>
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<td>Baked Fish with Tropical Fruit Sauce</td>
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<td>Steamed Brown Rice</td>
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<td>Green Cabbage+</td>
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<td>Pineapple Chunks+</td>
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<td>Tuna Pasta Salad w/ Fresh Herbs</td>
<td>Tossed Green Salad w/ Tomato, Red Onion &amp; Thousand Island Dressing Beef Stroganoff with Parsleyed Egg Noodles Steamed Broccoli+&lt;&gt;&lt; Heaven Ambrosia+</td>
<td>Spinach Salad w/ Tomatoes, Carrots and Ranch Dressing* Pork Tenderloin w/ Fruit Chutney Yukon Gold Potatoes Fresh Melon+ Whole Wheat Roll</td>
<td>Minestrone Soup* Breaded Pollock w/ Tartar Sauce &amp; Lemon Steamed Brown Rice Sauteed Zucchini with Herbs and Peppers+ Fruit Cocktail</td>
<td>Spring Mix with Tomatoes, Cabbage and Thousand Island+ Herbed Chicken Quarters Orzo Pasta with Peas &amp; Carrots+ Seasonal Fresh Fruit</td>
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<td>Romaine Salad with Tomato &amp; Cucumber with Italian Dressing+ Meat Ravioli with Meat Sauce+ Calif. Blend Vegetables+ Fresh Apple Slices</td>
<td>Turkey and Swiss on Rye Bread Served with Lettuce, Tomato &amp; Condiments+ Potato Salad Carrot and Pineapple Salad+</td>
<td>Garden Salad with Carrots &amp; Tomato with Vinaigrette* Teriyaki Glazed Chicken Quarter Whole Wheat Garlic Noodles Snow Peas Fresh Orange+</td>
<td>Chicken Gumbo Soup with Okra* Macaroni &amp; Cheese w/ Tomatoes and Bread Crumbs+ Sauteed Zucchini with Sweet Red Peppers+ Fresh Grapes</td>
<td>All-America Lunch $7 Res/Sr; $8 NR/&lt;60</td>
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<td>May 28</td>
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<td>May 31</td>
<td>Every Day Alternate: Chef’s Salad (Regular, All Chicken, All Ham, or Vegetarian)</td>
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<td>Memorial Day Holiday</td>
<td>Homemade Meatloaf with Gravy Mashed Potatoes Spinning Salad with Tomato, Homemade Vinaigrette+&lt;&gt;&lt; Whole Wheat Roll Fresh Fruit Salad+</td>
<td>LS Hot Dog on a Whole Wheat Bun Baked Beans Corn Canteloupe&lt;&gt;&lt;</td>
<td>Vegetable Tortilla Soup Soft Turkey Tacos w/ Lettuce, Chopped Tomato, &amp; Sour Cream Black Bean &amp; Corn Salad Fresh Berries &amp; Melon+</td>
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No Senior over 60 will be refused a meal due to lack of funds.

SUGGESTED DONATION: $3.25 - MEAL TICKETS $30.00/10 MEALS $4.75 - Adult under 60

Discard uneaten food after 2 days.

**Note:**
- Microwave: 2-3 min. on high.
- Oven: Preheat to 350, heat 10 min or until bubbly
- Taking food home with you done at your own risk. Be sure to eat within 30 min. or refrigerate.
- Be sure to eat within 30 min. or refrigerate.
- Served on a bed of Tomato & Condiments+
- Served with Marinara Sauce+

**Menu Items:**
- Spinach Salad w/ Almonds, Mandarin Oranges & Sesame Dressing
- BBQ Chicken Quarter<><
- Hearty Vegetable Soup Noodle and Beef Casserole
- Garden Salad with Carrots, Cucumber & Vinaigrette*
- Chicken Enchilada with Homemade Cream Sauce
- Black Bean Salad, Brown Rice, Raspberry Sherbert, Banana
- Spinach Salad w/ Beets and Ranch Dressing*
- Hamburger on a Whole Wheat Bun<><
- Mother’s Day Luncheon $7 Res/Sr; $8 NR/<60
- Lentil & Carrot Soup W/ Wheat Crackers Stuffed Cabbage Roll with Creole Sauce++<><
- Spring Mix with Tomatoes, Cabbage and Thousand Island+ Herbed Chicken Quarters Orzo Pasta with Peas & Carrots+ Seasonal Fresh Fruit
- Tossed Green Salad w/ Tomato, Red Onion & Thousand Island Dressing
- Beef Stroganoff with Parsleyed Egg Noodles Steamed Broccoli+ Heavenly Ambrosia+<><
- Minestrone Soup* Breaded Pollock w/ Tartar Sauce & Lemon Steamed Brown Rice Sauteed Zucchini with Herbs and Peppers+ Fruit Cocktail
- Spring Mix with Tomatoes, Cabbage and Thousand Island+ Herbed Chicken Quarters Orzo Pasta with Peas & Carrots+ Seasonal Fresh Fruit
- Turkey and Swiss on Rye Bread Served with Lettuce, Tomato & Condiments+ Potato Salad Carrot and Pineapple Salad+
- Garden Salad with Carrots & Tomato with Vinaigrette* Teriyaki Glazed Chicken Quarter Whole Wheat Garlic Noodles Snow Peas Fresh Orange+
- Chicken Gumbo Soup with Okra* Macaroni & Cheese w/ Tomatoes and Bread Crumbs+ Sauteed Zucchini with Sweet Red Peppers+ Fresh Grapes
- All-America Lunch $7 Res/Sr; $8 NR/<60 | Register by Fri, May 18 Western Sandwich on Whole Wheat Bun Pea Salad over Mixed Greens with Tomato+ Orange Glazed Carrots* Strawberry Shortcake+
- Homemade Meatloaf with Gravy Mashed Potatoes Spinning Salad with Tomato, Homemade Vinaigrette+<>< Whole Wheat Roll Fresh Fruit Salad+
- LS Hot Dog on a Whole Wheat Bun Baked Beans Corn Canteloupe<><
- Vegetable Tortilla Soup Soft Turkey Tacos w/ Lettuce, Chopped Tomato, & Sour Cream Black Bean & Corn Salad Fresh Berries & Melon+

**Contact Information:**
- 2621 Barrington Court, Hayward, CA 94545, Tara Marino, RD - Program Manager (510) 881-0300 x 222 Tina-Kitchen (510) 785-1997
- ATTACHMENT I

**Additional Information:**
- SNAP is funded in part by the Alameda County Area Agency on Aging, PG&E, Kaiser, Wells Fargo Bank, Fremont Bank, the City of Hayward, Union City, Pleasanton, and your donations.
Please complete our 2012 Dining Site Meals Satisfaction Survey. Thank you!

Which dining site do you usually attend? Dublin

Please check the things you enjoy about the dining program:
- 18. Tasty food
- 17. Enjoy activities at center
- 22. Inexpensive lunch/good deal
- 13. Nutritious food
- 26. Visiting with friends for lunch
- 22. Can't prepare meals at home
- 1. Nutrition education

Do you take food home? 0 Yes 19 No 8 Sometimes

How often are there menu substitutions? 2 Often 7 Sometimes 14 Rarely

How many days a week do you come to the dining site? 3 1 2 3 4 5 7 Less than one

Do you have diet restrictions? 5 Yes 21 No

Would you like more? 3 Deli sandwiches 14 Soup 5 Salads 10 Sweet desserts 10 Fresh fruit 6 Vegetarian meals 7 Ethnic meals 6 Fresh vegetables

Please list your most favorite lunch entrée: See Surveys
Please list your least favorite lunch entrée:

Overall, how would you rate your food:

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<tr>
<th></th>
<th>Excellent</th>
<th>Very Good</th>
<th>Good</th>
<th>Fair</th>
<th>Poor</th>
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<td>Appearance</td>
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<td>Taste</td>
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How important is it to you to have healthy meals? 18 Very 8 Somewhat 1 Not at all

What is your favorite part of the meal? 12 Soup/Salad 18 Entree 6 Fruit 6 Sweet desserts

Would you rather get: 5 Canned fruit or 23 Fresh fruit?

Is it important for you to get variety in seasonal fresh fruit? 16 Very 8 Somewhat 2 Not

How would you rate your fellow diners: 25 Friendly 0 Unfriendly 1 Don't know

Do you recommend this program to others? 24 Yes 2 No

About how much do you usually contribute towards the cost of the meal? Please circle.
- None 0 $0.50 $1.00 $1.50 $2.00 $2.50 $3.00 $3.50 $4.00

Overall, how do you rate your dining experience:
- Great 9 Very Good 3 Good 1 Fair 0 Poor
How did you first hear about the Spectrum Meals Program?  
- Passing by (1)  
- Dec Newsletter (14)  
- San Ramon Sc (1)  

What do you eat during the weekends or if you don’t attend the lunch program?  
- Go out (3)  
- Pre-packaged (3)  
- Home Cook (12)  
- Various (3)  

Is this typically the only balanced meal you eat each day? (circle one)  
- YES  
- or  
- NO  
- 8  
- 16