

COURSE HIGHLIGHTS

- ☘ 3.1 mile certified 5K course.
- ☘ Times announced at each mile marker.
- ☘ Two water stations on the course.

EVENT HIGHLIGHTS

- ☘ Commemorative event T-shirt for all pre-registered participants.
- ☘ Pace markers at Start Line.
- ☘ First three finishers in each age group receive medallion and Dick's Sporting Goods gift certificates!
- ☘ Post race celebration with refreshments, entertainment and more!
- ☘ Over 2,000 participants.
- ☘ The Shamrock 5K Fun Run and Walk is part of the St. Patrick's Day Celebration which features 3 stages of Irish music and dancing, over 250 festival booths, and plenty of Irish food and drink.



CASH PRIZES FOR ELEMENTARY SCHOOLS

The Alameda County Fire Fighters Local 55, and International Brotherhood of Electrical Workers Local 595, in partnership with the City of Dublin, are sponsoring a friendly competition between Dublin elementary schools. Cash prizes will be awarded to the Parent Faculty Clubs at each school based on a percentage of registrations compared to student enrollment.

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Shamrock 5K Fun Run and Walk

100 Civic Plaza
Dublin, CA 94568



Sunday, March 17, 2019
Race Starts at 8:30 a.m.

Register online at www.DublinRecGuide.com

EVERY SEASON STARTS AT



TheFITPotato
Personal Training | Bootcamp | Running Coach



DUBLIN, CALIFORNIA
ST. PATRICK'S DAY CELEBRATION

REGISTERING IS EASY!

PRE-REGISTRATION

ONLINE: Go to www.DublinRecGuide.com and follow the instructions. It's that easy! **Online pre-registration ends on March 15 at 7 p.m.**

MAIL: Please make checks payable to *City of Dublin*. Fill in the entry form completely, review and sign the waiver, and mail to Shamrock 5K Fun Run & Walk, 100 Civic Plaza, Dublin, CA 94568. **Mail-in registrations must be postmarked by March 9.**

PACKET PICK-UP: Registration will be available Friday, March 15 from 3-8 p.m. and Saturday, March 16 from 12-4 p.m. at Dick's Sporting Goods, Fallon Gateway, 2820 Dublin Blvd., Dublin. This is your last opportunity to receive pre-registration rates. Checks must be made payable to *City of Dublin* only.

Registered participants will receive registration confirmation **by e-mail only**. **Race bibs will not be mailed.**

This year all participants receive 20% off coupon to Dick's Sporting Goods, valid March 15-17. Pick up your coupon at packet pick-up.

RACE DAY

IN PERSON: Registration is available from 7:15-8 a.m. No T-shirt with race day registration.

T-shirts are available for pre-registered participants only. Race bibs and T-shirts will also be available for pick-up before the race in the pre-race area from 7:15-8 a.m.

Please note: This is a rain or shine event. **No refunds will be issued.** For more information, please call the City of Dublin at (925) 556-4500.

PRE-REGISTRATION

Individuals – Chip-timed **\$27**
Individuals – Not timed (not included in race results or eligible for awards) **\$25**
Families (immediate family, 3-6 members living in the same residence) **\$23 per person**
Corporate, Non-Profit, Running Club
 (5 or more registrants) **\$25 per person**

RACE DAY

On-site Registration **\$35 per person**

COURSE PREVIEW

The Fit Potato will be hosting a preview of the course on Saturday, March 9. Meet at the race starting point at 8 a.m. Please visit www.thefitpotato.com for additional details.

AWARDS/PRIZES

The first three finishers in each division will be presented with a medallion. Additionally, Dick's Sporting Goods is providing the following gift certificates: 1st \$100, 2nd \$50, 3rd \$20. The top three overall finishers for both men and women will be awarded a trophy. All youth participants who finish the course will receive a ribbon. A prize drawing will follow the race, and winners must be present to receive their prize.

RESULTS

Results for chip-timed participants will be posted on-site in the post-race area, and on the Fun Run website at www.dublin.ca.gov/funrun.

AGE GROUPS

Separate divisions for Boys and Girls: 5-8, 9-12, 13-15, 16-19; Men and Women: 20-29, 30-39, 40-49, 50-59, 60-69, 70+

SAFETY FIRST!

Please keep this event fun for everyone.

Pets, skateboards, rollerblades, and scooters are **not** allowed on the course. Participants with small children, and strollers will be asked to start towards the back of the pack of runners.

CIRCLE ONE				CIRCLE ONE				CIRCLE ONE				FOR OFFICIAL USE ONLY					
<input type="checkbox"/> M	<input type="checkbox"/> F	DATE OF BIRTH		MONTH	DAY	YEAR	ON RACE DAY	<input type="checkbox"/> S	<input type="checkbox"/> M	<input type="checkbox"/> L	<input type="checkbox"/> XL	<input type="checkbox"/> Y	<input type="checkbox"/> N	T-SHIRT			
LAST NAME				FIRST				STATE				ZIP					
ADDRESS				CITY				E-MAIL				PHONE					
ORGANIZATION or RUNNING CLUB				SCHOOL				TO SUPPORT				<input type="checkbox"/> GREEN <input type="checkbox"/> FREDRIKSEN <input type="checkbox"/> DUBLIN EL. <input type="checkbox"/> AMADOR <input type="checkbox"/> KOLB <input type="checkbox"/> ST. RATMONDS <input type="checkbox"/> MURRAY <input type="checkbox"/> VALLEY CHRISTIAN					

WAIVER AND RELEASE: I understand that photographs may be taken of me or my child during the course of said activity, and that these photographs may be used in the City of Dublin's publications. PLEASE CAREFULLY READ THE FOLLOWING PARAGRAPH. AMONG OTHER THINGS, IT LIMITS YOUR RIGHT TO SUE SHOULD YOU OR YOUR CHILD BE INJURED WHILE PARTICIPATING IN A CITY PROGRAM. I specifically acknowledge that City recreation programs may include physical activity that can result in injury to participants, and I agree that should I engage in such activity that I do so voluntarily and at my own risk. THE UNDERSIGNED, in consideration of participation in this recreation program and the use of the City of Dublin's facilities, premises, equipment and transportation services, hereby agrees to RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT TO SUE THE CITY OF DUBLIN, its officers, employees, and agents (collectively, "the City") for any loss or damages, and any claim or demands thereon on account of injury to the person or resulting in the death of the undersigned, whether caused by the negligence of the City or otherwise, while the undersigned is in, upon, or about the premises or any facilities or equipment therein or arising out of, or in the course of any transportation provided by the City. In addition, the undersigned hereby agrees to indemnify and save and hold harmless, and defend at its own expense, the City from any loss, liability, damage or cost, including reasonable attorney's fee, the City may incur due to the presence of the undersigned, in, upon, or about the City premises or in any using any facilities or equipment of the City whether caused by the negligence of the City or otherwise. If this agreement is signed on behalf of a minor by a parent or guardian, the phrases "I" and "the undersigned" in the previous paragraph refer to the child and not to the parent or guardian signing on the child's behalf. In the case of an injury to my minor child, I authorize the City staff to administer minor first aid in the event that I cannot be contacted and it is necessary to administer further medical treatment. I will take full responsibility for any medical expenses. I HAVE READ AND VOLUNTARILY SIGN THIS RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT. I HAVE READ THIS RELEASE.